

# Loungewear Size Guide

## Height

Place feet together flat on the floor. Measure from the top of the head to the ground without shoes.

## Bust / Chest

Measure around the fullest part of your bust / chest.

## Waist

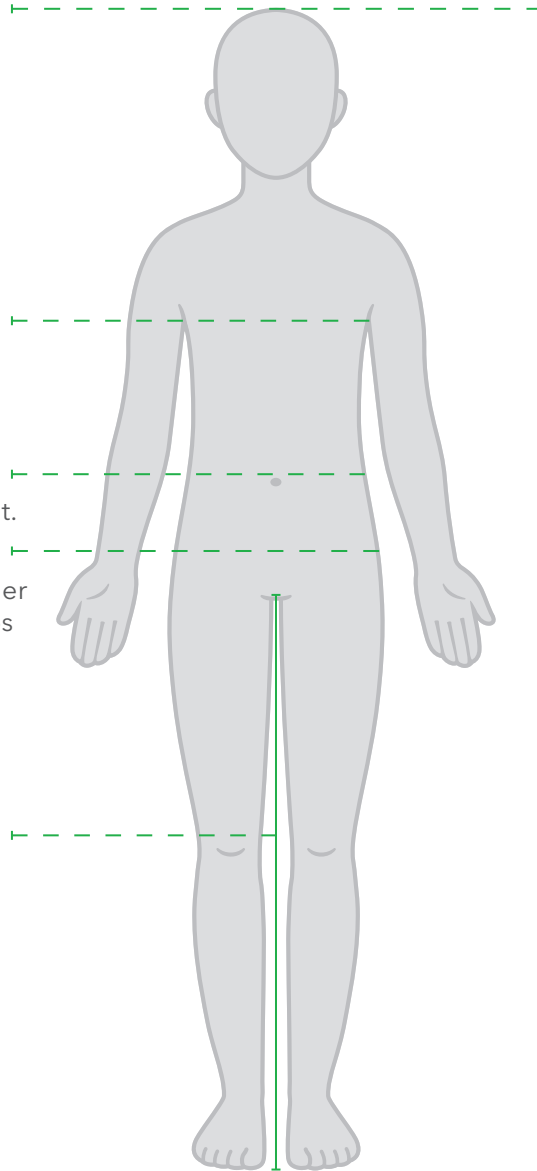
Measure around the narrowest part of your waist.

## Hips

Stand with your feet together measuring around your hips at the widest part.

## Inside Leg

Measure from the top of the inside leg at the crotch to the hem.



## LADIES (cm)

	<b>S</b> (8-10)	<b>M</b> (12-14)	<b>L</b> (16-18)
<b>Height</b>	166-167	168-169	170-171
<b>Bust</b>	80-85	90-95	100-105
<b>Waist</b>	62-67	72-77	82-87
<b>Hips</b>	88-93	98-103	108-113
<b>Inside Leg</b>	78	79	80

## MENS (cm)

	<b>S</b>	<b>M</b>	<b>L</b>
<b>Height</b>	179	180	181
<b>Chest</b>	96	101	106
<b>Waist</b>	83	88	93
<b>Hips</b>	95	100	105
<b>Inside Leg</b>	82	82	83

## KIDS (cm)

	<b>XS</b> (3-4yrs)	<b>S</b> (5-6yrs)	<b>M</b> (7-8yrs)	<b>M</b> (9-10yrs)	<b>L</b> (11-12yrs)	<b>L</b> (13-14yrs)
<b>Height</b>	98-104	110-116	122-128	140	152	164
<b>Chest</b>	54-56	58-60	63-64	71	78	86
<b>Waist</b>	53-54	55-56	57-59	62-63	66-68	69-75
<b>Hips</b>	56-60	62-64	66-70	74-77	81-84	89-90
<b>Inside Leg</b>	41-46	50-52	56-60	65-66	71-72	76-78