



Mattress Care Guide

After removing the packaging from your mattress, allow it to breathe for at least 4 hours before putting on your bedding. This will allow any moisture which might have been trapped in the packaging to evaporate.

Your new mattress might have a slight smell. This will fade quickly once the packaging is removed.

Don't bend or fold your mattress.

Use a mattress protector to shield your mattress from spills, stains and moisture, and to prevent any dye transferring onto your bedding.

Regularly air your mattress, once every three months.

Always store your mattress flat when not in use.

Try not to sit on the edge of your mattress for prolonged periods as this can distort the springs.

Don't place heavy objects on, jump or stand on the mattress.

Turning your mattress

Turn your mattress once a week for the first three months to ensure even distribution of filling. Turn it once every four weeks after that.

If your mattress has handles, make sure you use them to position the mattress on the bed base.

Don't carry the mattress with the handles - they're only intended to help with turning.

When turning the mattress, don't let it fall onto the bed base as this can damage the springs.

If you have purchased a 'no turn' mattress, the sleeping surface is on one side only. Rotate the mattress 180 degrees instead of turning it.

The filling in your mattress is designed to mould to the shape of your body over the first few weeks. It's normal that the filling settles. Regular turning will help the filling settle evenly and will prolong the lifespan of your mattress.

Cleaning your mattress

Clean your mattress with a light brush to remove dust. In the case of soiling, lightly sponge the surface with a weak solution of soap and water. Avoid making the mattress too wet, as this can damage the fabric.

Don't use chemical detergents or a vacuum cleaner on your mattress - these can damage it.

We recommend washing your bedding every 1-2 weeks.



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